



All Star Indoor Batting Range and Baseball Academy

5 Production Drive
Brookfield, CT 06804
(203) 740-8699
www.allstarbatting.com

Winter Programs

Sign up today for one of our Six Week Classes and take your game to the "Next Level"

Don't get left out in the cold - Maximize your potential with one of All Star's Fall Training Programs. Improve your fundamentals and develop additional skills to help elevate your game. All Star's commitment to baseball training will help players of all ages and abilities develop good habits and positive muscle memory. Proven drills and the most current training techniques will improve your hitting, fielding and throwing. **Classes Forming Now!**

Baseball Academy Class Ages 6 - 12

Learn the fundamentals of baseball - Instruction will cover Hitting, Fielding and Throwing. Class meets one day a week for six weeks. Thursday 5:30 pm - 7:00 pm **Session 2 Begins:** Thursday 1/07/10
Fee: \$200 (non member) **\$175** (member) **Session 3 Begins:** Thursday 2/25/10

Advanced Hitting Class Ages 9 - 12

This class is not intended for beginners. It is for players who have already learned the fundamentals. Players will work on producing greater consistency and increasing bat speed and power. The class meets one day a week for six weeks. Saturdays 1:00 pm - 2:30 pm. **Session 2 Begins:** Saturday 1/09/10
Fee: \$200 (non member) **\$175** (member) **Session 3 Begins:** Saturday 2/20/10

Future Stars (Tee Ball) Ages 4 - 5

This class will introduce young players to the basic mechanics of baseball in a fun environment. Instruction will cover Hitting, Fielding, Throwing and Base running. Class meets one day a week for six weeks. Saturday 12:00 pm - 1:00 pm. **Session 2 Begins:** Saturday 1/09/10
Fee: \$135 (non member) **\$120** (member) **Session 3 Begins:** Saturday 2/20/10

Ultimate Baseball Class Boys ages 9 - 13 (this class is not for beginners)

Advanced Baseball Training combines our Strength and Conditioning training with our Hitting and Fielding Class. Improve your fundamentals and develop additional skills to help elevate your game. Program will cover:

- *Explosive Training*
 - *Advanced Hitting Drills* (increase bat speed and power)
 - *Advanced Fielding Drills* (develop quick feet and quick hands)
- Tuesdays 5:30 pm - 7:00 pm. **Session 2 Begins:** Tuesday 1/05/10
Fee: \$200 (non member) **\$175** (member) **Session 3 Begins:** Tuesday 2/23/10

***** All Star Baseball Academy reserves the right to change or cancel any class. All classes require a minimum of 4 players.**

Application

Name: _____ Email Address: _____

Address: _____ City: _____ State: _____ Zip: _____

Date of Birth: _____ Phone: _____ Cell Phone: _____

Please place a **X** in the appropriate space below

_____ Session 2 _____ Session 3

_____ Baseball Academy (Thursday 5:30 - 7:00) _____ Advanced Hitting Class (Saturday 1:00 - 2:30)

_____ Ultimate Baseball (Tuesday 5:30 - 7:00) _____ Future Stars (Saturday 12:00 - 1:00)

Make checks payable to: All Star Inc. Mail to: 5 Production Dr. Brookfield, Ct. 06804